

FWATA News

Spring 2004

District 8: California, Nevada, Hawaii, Guam

www.fwata.org



HONOLULU, HAWAII
 WAIKIKI BEACH MARRIOTT
 JULY 8-11, 2004

Click [Here](#) for
 On-Line Registration

A MESSAGE FROM THE DISTRICT 8 DIRECTOR



Andy Paulin, ATC
 District 8 Director

I hope all of you have enjoyed a healthy spring, both professionally and personally.

As always, I bring my "To Do" list to share with all of you. During the hustle and bustle of our daily activity, I hope you can take a moment and reflect on your profession and your associations.

Don't forget to pay your dues. If you need a "memory jogger" of what the fees do for you, please check out the member services on the NATA website. Also, many of the announcements and

periodicals you receive either by mail or online will disappear if you become delinquent.

Finish your planning for the Hawaii Convention. All of the information has been posted on the FWATA website. Please contact a member of the FWATA Convention Committee or Managing Board if you have any questions.

Hope to see you at the NATA convention in Baltimore. I was informed that all of the NATA housing in Baltimore is sold out. Please don't forget to attend the District 8 membership meeting at the convention.

Prepare nominations for honoring your colleagues. If you missed the deadlines for 2004, start gathering documents for 2005 state, district and NATA recognition that honors your mentors and co-workers.

Read up on the issues within the association committee that interests you. Contact those committees chair and offer to help. Perhaps they have a task that you are capable of working on. Perhaps the committee needs a representative from your state. Investigate how your state and district committee work interacts with activity at the NATA level.

Attend your next Regional and State meeting. Besides picking up a couple of

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CEUs, network with your colleagues and discuss how state and national issues affect you locally.

Continue to be a part of your states' governmental affairs. The NATA has placed state recognition of athletic trainers very high on the issue priority list. Contact your state governmental affairs representative and see what YOU can do to assist in the process. You don't have to be a politician to be active in recognizing the athletic trainer in your state.

Carry on the spirit of NATA Month. Please continue to publicize yourself and your profession by using Athletic Trainer, ATC and Certified Athletic Trainer. It can be as simple as adding it to your written documents, wearing it on your professional clothing, and adding it to your voicemail and email. Please contact me if I may be of service to you.

Andy Paulin, ATC



FWATA Scholarships

This year we will be awarding SEVEN \$1,000 scholarships. We were fortunate to add two scholarships for students attending Masters Degree programs. The scholarships will be awarded during the student session of the district meeting in Hawaii. They will also be recognized during the honors and awards luncheon on Saturday, July 10.



Golf Tournament

The annual FWATA golf tournament will be held on July 8, at the **New Ewa Beach Golf Course**. The cost to play is \$125.00 per golfer. This fee will include lunch, green fees, cart, dinner, 2 mulligans and entry into the hole in one contest. It will be a shotgun start at 12:30 PM with registration beginning at 10:30 AM. The teams will consist of three people. You can register for the golf tournament on the symposium registration form.



If a non-member would like to play, if you have questions or would like to sponsor or donate prizes for the golf tournament, please contact:

Molly Shanahan VIA email at mgshanahan@hotmail.com

OR

Mike Caraang VIA email at mcaraang@iolani.honolulu.hi.us

FWATA CLINICAL SYMPOSIUM



HONOLULU, HAWAII
WAIKIKI BEACH MARRIOTT
JULY 8-11, 2004

ALOHA!

There is still time to plan your summer trip to Hawaii. It is a great opportunity to get your continuing education units while enjoying the *Aloha spirit!*

The "General" education sessions have a total 17.5 CEUs with mini-courses that will offer additional 9.0 CEUs. These mini-courses are for an additional fee. There will be a total of 26.5 CEUs.

The on-line registration has been available since February. This is the first time FWATA has registration on-line. You will not be receiving any mailing so please go to the FWATA website. Register now by going to: www.fwata.org to Annual Meeting – '*on-line registration*'. Please remember you may need to hit the "on-line registration" again to get to the registration website which is linked to our website. Follow the directions under "Register" (top of page). Pre-registration until June 30, 2004.

<u>Registration Fee:</u>	<u>by 6/30/04</u>	<u>after 7/1/04</u>
NATA Certified	\$100.00	\$150.00
NATA Student	\$ 65.00	\$ 95.00
Student Non-member	\$ 80.00	\$110.00
Non-member	\$200.00	\$250.00

Once you register and payment has been received you will be receiving an email confirmation from Kristal Slover, registration chair. If you have any questions regarding registration or confirmation please call Kristal at 805/756-6065.

Waikiki Beach Marriot

The hotel, Waikiki Beach Marriot, is the location of the convention. The hotel has been renovated recently and has beautiful banquet and hotel rooms. For those that get an ocean view you may have a view of the ocean and Diamond Head or the ocean and Waikiki. The ocean view rooms are \$150.00/night and regular rooms \$125.00/night. The rates for FWATA members is available from July 5th – July 14th. Contact the hotel by calling 800/367-5370 and use the Discount Code: **FAR WEST**. For those of you that did not attend our last symposium Waikiki Beach is about 25-30 steps from the hotel!!



Hawaiian Airlines

Airline Discounts: The FWATA has worked with Hawaiian Airlines which is good from July 1st to July 20th. For FWATA members flying from the west coast the rate is \$490.00 round trip pending availability. Call *Hawaiian Airlines* @ 800/367-5320 and give the group rate code "Far West Athletic Trainers' Association".

See you in Hawaii!!!

Things to do and places to eat in Hawaii, next page.

THINGS TO DO IN HAWAII ON A BUDGET!!

■Shopping:

Aloha Stadium Swap Meet

Wednesday, Saturday, and Sunday – opens early AM! Great place to get souvenirs, inexpensive t-shirts, coffee, macadamia nuts, and local favorites.

Sam's Club and Costco

If you are staying at a hotel with a kitchen you can save money by loading up at one of these locations. They also have special prices on Hawaiian CD's and a variety of items.

Wal-Mart

Take your time and browse. You will find great prices on Hawaiian items—souvenirs, clothes for the whole family, chocolates, coffee and much more!!!

■Local Hawaiian Entertainment:

Remember to pick up the pamphlets at the airport and hotels that list "Weekly Entertainment". These books have listings of a variety of sightseeing locations, "free" entertainment, and discount coupons. Our convention hotel "Waikiki Beach Marriott" has local artists performing every evening by the pool. There is no cost except for purchasing a drink. Check with the hotels and there will be entertainment for everyone to enjoy.

■Some other *free* entertainment:

Dolphins are at the Kahala Hilton!

Climb Diamond Head.

*Hula performance at the Waikiki Beach.

*Free concert on Wednesday evening at the Honolulu Zoo

*Fireworks on Friday night at the Hawaiian Hilton. (*walking distance from our hotel)

If you want to avoid driving in Waikiki traffic you can take the bus. From our hotel you can take a shuttle to the Ala Moana Shopping Center which is the main bus terminal.



GOOD EATS IN HAWAII!!

Drive-Ins: Hawaii is known for their 'plate lunches'! This usually includes a main dish, 1-2 scoops of white rice and macaroni salad served in a take-out container.

Local hang-outs:

*Rainbow Drive Inn	737-0177	7:30am-9 pm	\$
L & L Drive Inn	multiple locations		\$
Gina's BBQ (Korean BBQ)	735-7964	10am-10pm	\$

Favorite Restaurants:

Big City Diner	738-8855		B/L \$	D \$\$
<i>(Local food as well as burgers/steaks/salads but remember large servings!)</i>				
*Duke's Outrigger Waikiki Hotel	922-2268		B/L \$	D \$\$
<i>(Great view of Waikiki Beach)</i>				
ONO Hawaiian Food	737-2275	11am-7:45pm	\$	
Sam Choy Breakfast, Lunch & Crab	545-7979		B/L \$	D \$\$
*Sam Choy's Diamond Head	732-8645		D \$\$-\$\$\$	
<i>(You can make reservations, sit at the counter and enjoy watching the food preparation)</i>				
Willows	952-9200		L \$\$	D \$\$\$
<i>(Buffet style with local favorites and a very large selection and variety!)</i>				

\$= less than \$10

\$\$=moderate price \$10-\$16

\$\$\$=prices \$17 and up

*Walking distance from the Waikiki Beach Marriott!

TRY IT AND YOU WILL LIKE IT!

You need to try:

Malasadas: donut without a hole. You can get these at Leonard's and Champion Bakery.

Shaved Ice: a snow cone, but much better. There is one 10 minutes from our hotel that has the best.

California Athletic Trainers' Association Update

The CATA would like to thank Stacey Jensen-Ritter, Alison Aubert & Steve Cernohous for their service to the membership of California. Stacey served as the Region 2 Director (Bay Area) from 2000 thru 02 & also as Secretary from 2002 thru 03. Alison served as the Region 1 Director (North CA) from 1998 thru 03. While Steve served as Website Editor – Chair from 2000 thru 2003.

We would also like to congratulate our newly elected and appointed officers Secretary - **Carolyn Peters**; Region 1 Director (North CA) - **Lisa Varnum**; Region 6 Director (San Diego) - **Sara Williamson** who took office on March 1, as well as, our new Website Editor – Chair **Craig Kobayashi** who was appointed in December of 2003.

In 2003, the CATA conducted or sponsored 10 meetings that awarded a total of 22 CEU's. In the first 4 months of 2004 we have already conducted or sponsored 16 meetings for 33 CEU's.

California Assembly Bill 614 the "Athletic Trainer Act" sponsored by Assembly member Alan Lowenthal is on the move again. The bill was amended on January 6 to require the Department of Consumer Affairs (DCA) to review the need for the licensing of athletic trainers if an occupational analysis is supplied by us (BOC Role Delineation Study) to the DCA by July 1, 2005 (it is already in their hands) and to make their recommendation to the Legislature as to whether the state should license and regulate athletic trainers on or before January 1, 2006. This language passed two Assembly committees (16 ayes/0 noes & 23/0) and the Assembly Floor (76/3) within 23 days and was sent to the Senate where it was referred to committee and has sat for two months. Spurts and drought. What can you do? For updates visit the CATA Website at cata-usa.org or go to California Legislative Website at leginfo.ca.gov; click on bill information; and enter AB 614 on the Search screen.

Steven Winter, CATA President

707.664.2188

steven.winter@sonoma.edu

Hawai'i Athletic Trainers' Association Update

hawaii-ata.org

HATA offers two (2) high school scholarships in the amount of \$500 and one (1) undergraduate scholarship in the amount of \$1000. Requirements for these scholarships have been changed and updated. Athletic training hours are no longer required. All applicants must have a minimum 2.50 GPA. Undergraduates, regardless of what College or University they attend may apply as long as they are a resident of Hawaii and/or a HATA member. Applicants and scholarship recipients may apply every year as long as they meet the existing requirements. If you have any questions regarding the scholarships please visit our website or contact Dawn Kurihara, ATC at kuriharc@byuh.edu. (Mahalo to Mike Caraang, ATC and the HATA Golf Committee for doing a wonderful job generating funds for these scholarships.)

The Department of Education Athletic Health Care Trainers (DOE AHCT) submitted two bills during the current legislative session to support the existing Athletic Trainer positions in Hawaii's public schools. The two bills request the appropriation of a DOE AHCT Coordinator (Senate Bill 2115) and an additional twenty (20) ATC positions for service in public schools with larger athletic programs (Senate Bill 2108). To date, both efforts have moved from the Senate to the Ways and Means Committee. Special mahalo to Sharyn Kodama, ATC for collecting data from Hawaii's public schools to support these and other efforts.

The HATA has been making preparations and assisting the FWATA Annual Meeting & Convention Committee for the district meeting in July. We look forward to seeing many NATA District 8 members in Waikiki!

Zeny Galo Eakins, HATA Representative

galozeakins@yahoo.com

2004 EDUCATIONAL MULTIMEDIA SHOWCASE 55TH ANNUAL MEETING & CLINICAL SYMPOSIA BALTIMORE, MD

A one-day, presentation-based showcase of the 2004 Educational Multimedia Contest winners and some of the latest in educational multimedia technology.

Wednesday June 16, 2004, 8:00 AM – 3:00 PM

8:00-8:50 AM

Educational DVD/Video Production ATC Non-Commercial Winner:
“Sports Injuries on DVD” Vincent Nittoli MS ATC/L, Ball State University

9:00-9:50 AM

Educational Software Production Contest ATC Non-Commercial Winner:
“Guide to NATA Proficiencies” Michelle Boyd ATC, Truman State University

10:00-10:50 AM

Educational Software Production Contest ATC Commercial Winner:
“An Interactive Multimedia Resource in Support of a Traditional Textbook:
The Athletic Training Student Primer: A Foundation for Success”
Andrew Winterstein PhD ATC, University of Wisconsin
Scott Barker MS ATC, California State University, Chico

11:00-11:50 PM

**“A Web-based Multimedia Solution:
Addressing the Problem of Student Presentations in the Electronic Portfolio”**
Andrew Winterstein PhD ATC, University of Wisconsin

11:50-1:00 PM

Break

1:00-1:50 PM

“Effective and Ineffective Clinical Instruction Techniques”
Ray Castle PhD ATC, Louisiana State University
Ryan Green ATC, Louisiana State University

2:00-2:50 PM

“Evaluation of Musculoskeletal Injuries Companion to CD ROM”
Toby Brooks PhD ATC/L CSCS, University of Texas El Paso

For more information please visit the Educational Multimedia Committee on the NATA Education Council web site:
<http://www.cewl.com>

Technology Workshops - Session 28

Friday, June 18, 2004, 2:30 P.M. – 5:30 P.M.

“Problems and Solutions in Managing Clinical Competencies”

Tracking Clinical Competencies:

Using Electronic Portfolios - Ken Wright, PhD, ATC, University of Alabama

Using PDAs - Ray Castle, PhD, ATC, LAT, Louisiana State University

Using the Web/Internet for Data Collection - Jeff Stewart, PhD, ATC, Macon State College

Instruction of Clinical Competencies:

Improving Video Capture Skills - Scott Barker, MS, ATC, California State University, Chico

The Use of Learning Objects - Andrew Winterstein, PhD, ATC, LAT, University of Wisconsin–Madison

Question and Answer

Moderator: Tory Lindley, MA, ATC/L, Northwestern University, Evanston, IL

NATA Research & Education Foundation Information

The web address of the NATA Research & Education Foundation is www.natafoundation.org. Please log on to view all of the services and resources that are provided.

Congratulations to the following athletic training students from District 8 that were awarded \$2,000 NATA REF scholarships in 2003. **Audra Astiasuain** from Chapman University, **Natallie Robello** from California State – Fullerton and **Trevor Winton** from San Diego State University received awards in St. Louis at the Student Athletic Training Scholarship Luncheon. The 2004 awards will be presented this summer in Baltimore.

State representatives from California are Kristen Rebelein from the University of San Francisco and Cynthia McKnight from Azusa Pacific University. State representatives from Hawaii and Nevada are still needed to assist with NATA REF activities throughout the year. Your help would be greatly appreciated.

Do you have an athletic trainer that has been a mentor, pioneer or inspiration? Please contact the foundation in regards to the possibility of developing a scholarship in his / her honor.

The FWATA and the California Athletic Trainers Association made generous contributions to the Foundation in 2003. Thank you for your continuing help.

Please support the annual fund. As you are aware, no part of NATA member dues supports the Foundation. We must raise every dollar it takes to fund these valuable programs. Financial support from the NATA members is critical to help the Foundation maintain the current level of program funding. For more information contact:

Kyle Wilson M.Ed., ATC
University of Nevada, Las Vegas
Box 450007, 4505 Maryland Parkway
Las Vegas, NV 89154-0007
(702) 895-4037 / (702) 895-4474 fax / [kwilson @ccmail.nevada.edu](mailto:kwilson@ccmail.nevada.edu)

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REPORT FROM HONORS AND AWARDS

Aloha FWATA members!! The Honors and Awards committee looks forward to welcoming you to Waikiki for what promises to be the most exciting Hall of Fame luncheon ever. We will of course be recognizing our colleagues for outstanding service to the profession, the district, and their respective states. In addition, beginning this year, all HALL OF FAME MEMBERS will now receive a commemorative ring. There will be a ring induction ceremony during the luncheon on July 10, 2004 for all Hall of Fame Members. What a great opportunity for our membership to pay tribute to those who have received this highest honor.

Another exciting change is that in following the NATA's trend, we will present some our annual awards outside of the luncheon. The awards for All District Team, Educator, and Mentor will be presented during the business meeting that precedes the Hall of Fame Luncheon. The student scholarship awards will be presented during the student athletic trainer session. All winners will be recognized in the luncheon program. So please make sure to attend the business meeting to congratulate the winners on their accomplishments.

The committee asks all members to think of those athletic trainers who are dedicated and passionate about our profession. Please consider nominating those who are worthy for next year's awards. Nomination criteria and application forms are available on the FWATA website and hard copies will be available at our annual meeting near the Hall of Fame display.

Honors and Awards committee members Kristine Boyle Walker, Chris Mumaw, Kyle Wilson, and honorary members Bill Chambers and Lew Crowl have been working hard to improving the awards process and presentations. The committee looks forward celebrating with you at the annual Hall of Fame Luncheon on July 10, 2004, at the Waikiki Beach Marriott!

Cindy Clivio, ATC
cyclivio@ksbe.edu

Secondary School Committee Update

The Task Force on the Appropriate Medical Care of the Secondary School Aged Athlete has just about finished the final document of support for the already adopted consensus statement. The document will be presented in June at the Baltimore convention and will be available to the membership soon after either in the NATA News or the Journal of Athletic Training

The NATA's Counsel on Employment is beginning a large study to determine strategies to promote the employment of more secondary school athletic trainers across the country. It is the first project the COE has done specifically for the secondary school level and they are very excited about the prospects of improving awareness of our profession in this setting.

The committee did a survey of the states in district 8 regarding how many schools are covered by ATC's. The results showed that Hawaii has 62 of 83 (75%) secondary schools covered by ATCs and Nevada has 39 of 92 (42%) schools covered. California due to the large size has been difficult to get enough return on the survey but it is estimated that 300 of 1348 schools are covered by NATA Certified Athletic Trainers. The committee is planning to make this an annual survey in order to track the results of our promotional efforts.

Finally, I would like to say it has been a privilege and a pleasure serving the FWATA the last 7 years as the Secondary School Representative. The committee is as strong as ever and I look forward to many more exciting things coming from the SSATC.

Mike West, D8 Secondary Schools Chair
mike_west@chino.k12.ca.us

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Women in Athletic Training Committee

The Women in Athletic Training Committee is very excited for the upcoming FWATA convention in Hawaii! The committee has planned a mentor workshop that will be held on Saturday, July 10th at 8:00 am; location TBD. All students attending the convention are invited to attend the workshop and meet several prominent athletic trainers in our district, not to mention the in-coming President, Chuck Kimmel. A free continental breakfast will be available for all who attend the workshop. In addition to the mentor workshop, the e-mentor program, available for all members, student and certified, has finally gotten off the ground. We currently have almost 90 mentors signed up, who are anxiously waiting to be contacted by protégées. If you are interested in either becoming or finding an e-mentor, please go to the NATA WATC web page and click on mentoring. Another project that the committee continues to work on is compiling a historical timeline of female athletic trainer firsts and milestones, so if you have any useful information, please forward to Sara Williamson at *sawillia@mail.sdsu.edu*. See you in Hawaii!



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Placement Update

The placement job site will be making some changes after our meetings this summer. We will be trying to work together with the National Placement site and the other districts to be consistent through out the districts. Please remember to give all information when sending in your job. If all information is not complete we will send it back to you. We are in need of a representative from each state. If you are interested please contact me at the district convention or at 949-582-4638.

Hawaii, Nevada, Northern California, Southern California

Brad McReynolds, Placement Chair
949-582-4638 / *bmc Reynolds@saddleback.cc.ca.us*

Report from the Ethnic Diversity Advisory Committee (EDAC)

As a new committee, the EDAC is starting from scratch. Committee Chair Paul Alvarez is writing the District 8 EDAC Bylaws to be consistent with both FWATA committee bylaws and the NATA EDAC bylaws and mission. The plan is to have the bylaws completed by the end of May, if not sooner. When completed, the bylaws will be submitted to the acting District 8 EDAC for approval and then sent to the FWATA Managing Board for ratification.

Paul will be traveling to the NATA Convention in June to participate in the NATA EDAC meetings. He will report on those meetings at our District Meeting in Hawaii.

Acting members of the FWATA Ethnic Diversity Advisory Committee are:

- Paul Alvarez, University of La Verne (chair)
- Amber Brown, UCLA Recreation
- Joi Dawson, Los Angeles Southwest College
- Daniel Nevarez, CSU Northridge

We are seeking representatives from Nevada and Hawaii to be part of this committee. If you are a Certified Member of District 8 and represent an ethnically diverse population, please submit your name and contact information to Paul Alvarez for consideration.

Paul Alvarez, University of La Verne, alvarezp@ulv.edu



FWATA MANAGING BOARD ELECTIONS ANNOUNCEMENT FOR DISTRICT DIRECTOR & DISTRICT SECRETARY

The positions of Far West *District Director* and *District Secretary* are up for election and applications are now being accepted from Certified Members of the NATA.

Potential applicants for District Director shall have previously served as a District Managing Board Member or as Chair of a State, District, or National Committee for a period of not less than two (2) years; within the previous ten (10) years.

Applicants for District Director must submit an application with vitae to Steven V. Winter by June 17th. Applicants will be required to present their platform at the District Business Meeting in Hawaii Saturday July 10th and at that time provide a written platform statement for publication after the convention.

Potential applicants for District Secretary shall have previously served as a District or State Managing Board Member or as Chair of a State, District, or National Committee or Subcommittee for a period of not less than two (2) years; within the previous ten (10) years.

Applicants for District Secretary must submit an application with vitae to Steven V. Winter by **June 17th**. Applicants will NOT present their platform at the District Business Meeting in Hawaii but at that time WILL provide a written platform statement for publication after the convention.

Direct Questions & Submit Applications To:

Steven V. Winter, FWATA Parliamentarian
 707-664-2188 / Fax 707-664-2505 Or 4034 / steven.winter@sonoma.edu
 Sonoma State University - Department of Kinesiology
 1801 E. Cotati Ave., Rohnert Park, CA 94928

Update Your Information

If you are a District 8 member and not receiving this newsletter electronically,.....**we need your help.** We have taken great strides in the development of our District's Electronic Newsletter. It saves money and time and provides valuable information. Please go to the NATA website "Members Only" section (www.nata.org/members1/members.cfm) and update your email address. *Please be assured your information will not be released. It will be used for District 8/NATA membership communication only.*

Thank you, FWATA Managing Board



Research and Grants Committee

The Research and Grants Committee is excited to sponsor the First Annual FWATA Poster Presentation to be held at the annual meeting in Hawaii. Six individuals have been selected to present their posters. The Committee would like to encourage all of the membership in attendance to stop by and view the posters.

Leamor Kahanov
Chair, Research and Grants Committee

FWATANews

This electronic newsletter is published twice a year by the Far West Trainers' Association, for its members. For information contained in this newsletter or to submit articles/ideas, please contact the FWATA Newsletter Editor and District 8 Secretary:

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