

QUESTIONS TO HELP GATHER INFORMATION ON PIONEERING WOMEN IN ATHLETIC TRAINING

Directions: Use the following questions when dialoguing directly with “profound women” in athletic training. Try to answer as many questions as possible. Please number their response with the appropriate question number.

HER FIRST STEPS:

1. Tell me about your background.
 - a. What was your first memory that got you interested in athletic training?
 - b. Where did you do your undergraduate work?
 - c. Where did you do your graduate work?
 - d. When did you get certified?
2. During your academic career
 - a. Who had the greatest influence on your pursuit of becoming certified academically?
 - b. How or why?
 - c. Who had the greatest influence on your clinical experiences as an athletic training student (undergraduate or graduate)?
 - d. How or why?
 - e. Can you provide any contact information for these people or the name of someone that can answer questions about this person?
3. After becoming certified, what was your goal or dream job? Why?
4. What was your first job as a certified athletic trainer (after completing all degrees)?
 - a. Who hired you?
 - b. What were your main responsibilities?
 - c. Where there any limitations to what you were able to do?
 - d. What was the greatest lesson you learned from that experience?

SHE'S OFF AND RUNNING:

5. Tell me about your professional career
 - a. Where have you worked?
 - b. Why did you choose to move in that direction professionally?
 - c. Is there another athletic trainer that has been instrumental in your career decisions?

- d. Is there someone that is not an athletic trainer that has been instrumental in your career decisions?
- 6. How has your career goals changed over the years?
 - a. If she is in the middle of her career, what career goal are you working toward for the rest of your career?
 - b. If she is at the end of her career or retired, how did your career goals evolve over the years?
 - c. What has provoked your career goal or goals?

WHAT IT'S ALL ABOUT:

- 7. In your career, what has been your greatest accomplishment?
 - a. Why is this so important to you?
- 8. In your career, what has been the greatest lesson that you've learned?
 - a. Why is this so important to you?
- 9. What is the greatest lesson you would like to share...
 - a. ... with young women pursuing a career in athletic training?
 - b. ... with women that are in the middle (7+ years) of their career in athletic training?
 - c. ... with a woman who is considering leaving the athletic training profession (temporarily or permanently)?

FAMILY & FRIENDS:

- 10. In your personal life, what has been your greatest accomplishment?
- 11. Who are your greatest sources of support?
- 12. Have you had a difficult time balancing your personal and professional lives?
 - a. What were some of these difficulties?
- 13. How have your career decisions influenced your family?
- 14. How have your personal/ family decisions influenced your career?

TRIALS & TRIBULATIONS:

- 15. What challenges did women face when you started your career?
 - a. How were these challenges changed?
 - b. Who do you think was instrumental in making these changes?
- 16. Did you face any type of barriers in your?
 - a. What effect did this have on you?
 - b. How did you attempt to change that experience?
 - c. Was there anyone that was instrumental in improving this situation for you?
- 17. What challenges do you think female athletic trainers currently face?

- a. What do you think will improve these challenges?
- b. Who do you think will be instrumental in making these changes?

EXTRA QUESTIONS:

18. Prior to starting your career in athletic training, what was your understanding & expectation of being an athletic trainer?
19. What were some gender expectations have you faced during your career?
20. Did your supervisor/employer/administration provide any type to formal or informal support?
 - a. What did he/she/they do for your?
 - b. How did this help you personally and/or professionally?